



## *BLUE RIDGE HIGH SCHOOL COUNSELING CENTER*

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*PROVIDES DEVELOPMENTAL AND PREVENTATIVE GUIDANCE  
COUNSELING SERVICES*

## **VISION OF BLUE RIDGE HIGH SCHOOL**

### **COUNSELING**

We are committed to providing a safe and healthy environment where learning, responsibility, respect.

**COUNSELORS PROVIDE ASSISTANCE AND TEACH SKILLS IN INDIVIDUAL, SMALL GROUP, AND CLASSROOM SETTINGS IN:**

- Academic
  - Planning
  - Four-Year Plans
  - Scheduling
- Career Exploration
  - True Colors
  - Interest/ Skill Inventories
  - Portfolios
- Personal and Social
  - Anger Management
  - Conflict Resolution
  - Study Skills

- Transcript Evaluation
  - Crisis
    - Grief Management
  - College Planning
- Information and Applications
  - SAT & ACT
- Financial Aid and Scholarships

## FOUR YEAR TRACK TO COLLEGE/CAREER

### FRESHMAN

1. Begin researching career options.
2. Start a portfolio. Keep and organize awards and college/career planning materials in 3-ring binder or file folder.
  3. Develop a Four-Year Plan
  4. Support a service project.
  5. Develop good study habits.
6. Participate in a club or extra-curricular activity.

### SOPHOMORE

1. Take the ACT test.
- 2 Investigate career choices
- 3 Research colleges.

### JUNIOR

1. Take PSAT, SAT & ACT.
2. Research Career Options
1. Career interests, skills, and values
  2. Educational requirements
  3. Salary, benefits, work conditions
3. Research College Choices

1. Degrees offered
2. College/Student match
3. Expenses
4. Prepare cover letter
5. Write resume'
6. Get letters of recommendation
7. Get transcripts
8. Apply for scholarships
9. Send applications to colleges

SENIOR

1. Apply for FAFSA.
2. Fulfill graduation requirements
3. Take full course load of classes.
4. Retake SAT or ACT to improve scores.
5. Send college applications.
6. Send financial aid applications.
7. Apply for scholarships.
8. Send acceptance letters.
9. Prepare budget
10. Apply for college orientation
11. Move to college/start career

